



Best Practices for Nursing Documentation: Restraint

Janet Jacob
Corporate Director
Clinical Informatics

Rebecca Quammen
Vice President
Consultant

Overview

- Introduction to Florida Hospital
- Restraint Definition and Documentation Requirements
- Florida Hospital's Approach
- Outcomes
- Benefits Realized



Florida Hospital



- 7 Campus
- 1792 Beds
- Over 1 Million Patient Visits a Year
- #1 Medicare Admissions in Country
- 1 of 3 Largest Heart Centers
- Largest Healthcare System in Florida
- 5th Year in a Row—Recognized as One of America's Best Hospitals by *U.S. News & World Report*

Electronic Restraint Rollout Timeline

LOCATION	BED COUNT*	IMPLEMENTATION
Winter Park	297	3 rd Quarter 2002
East Orlando	155	4 th Quarter 2002
Kissimmee	50	1 st Quarter 2003
Celebration	100	1 st Quarter 2003
Altamonte	258	2 nd Quarter 2003
Apopka	50	2 nd Quarter 2003
Orlando	882	August 18, 2003
*Total 1792		

Desired Outcome

- Capture clinically relevant data
- Support evidence producing information
 - ◆ Patient safety
 - ◆ Patients rights
- Satisfy regulatory requirements
- Provide ability for real time review



What is Restraint?

Any method (chemical or physical) of restricting an individual's freedom of movement, physical activity or normal access to the body.

Restraint Documentation Standard TX.7.5.5

Each episode of restraint is documented in the medical record, consistent with organizational policies.

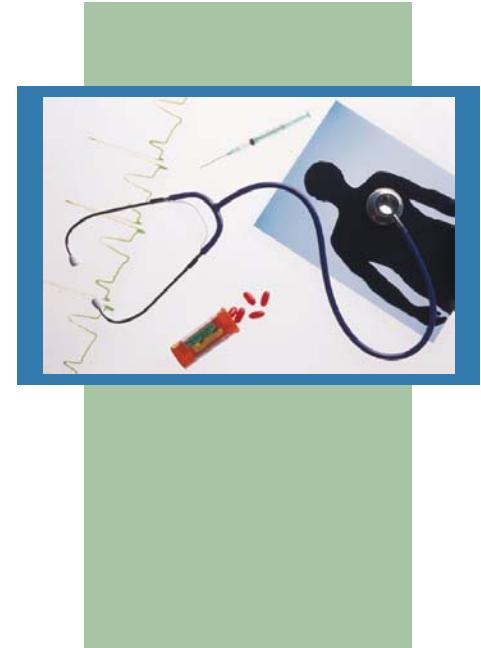
Intent Statement



- Policies establish frequency, format and content of entries
- Relative to each episode of restraint use
- Provide clinical justification of restraint and documents clinical oversight

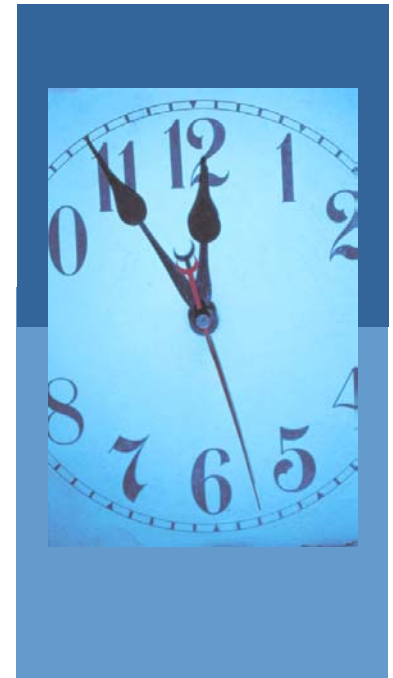
Documentation to Include

- Order for use
- Results of monitoring
- Reassessment
- Significant change in patient condition



Get Value to End User Quickly

- User friendly
- Ensure hospital policy and regulatory standards are satisfied
- Provide clear direction what needs to be documented
- Support real time documentation review
- Increase compliance of data for trending / reporting / improvement activities

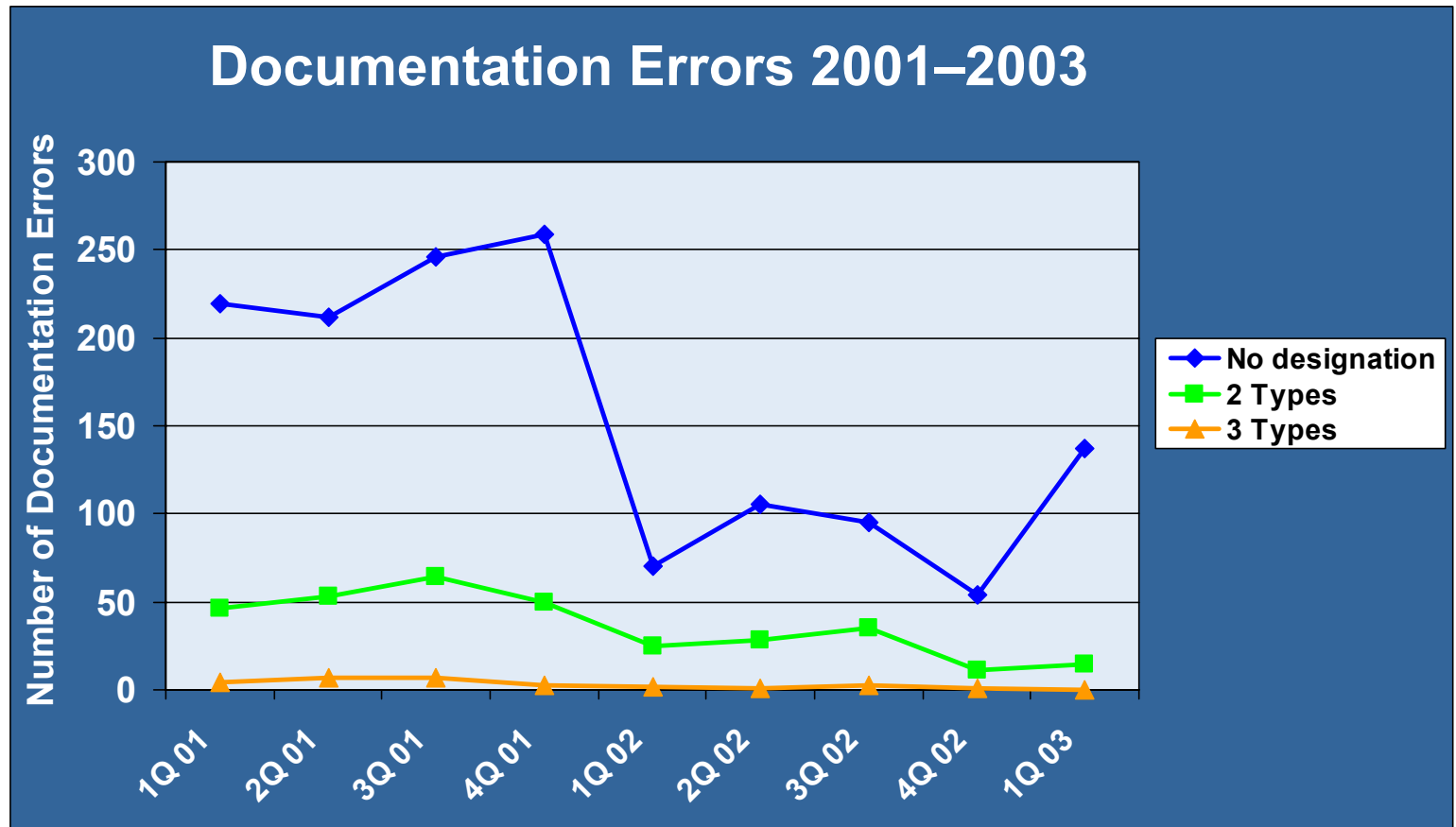


What Outcomes Were Realized?

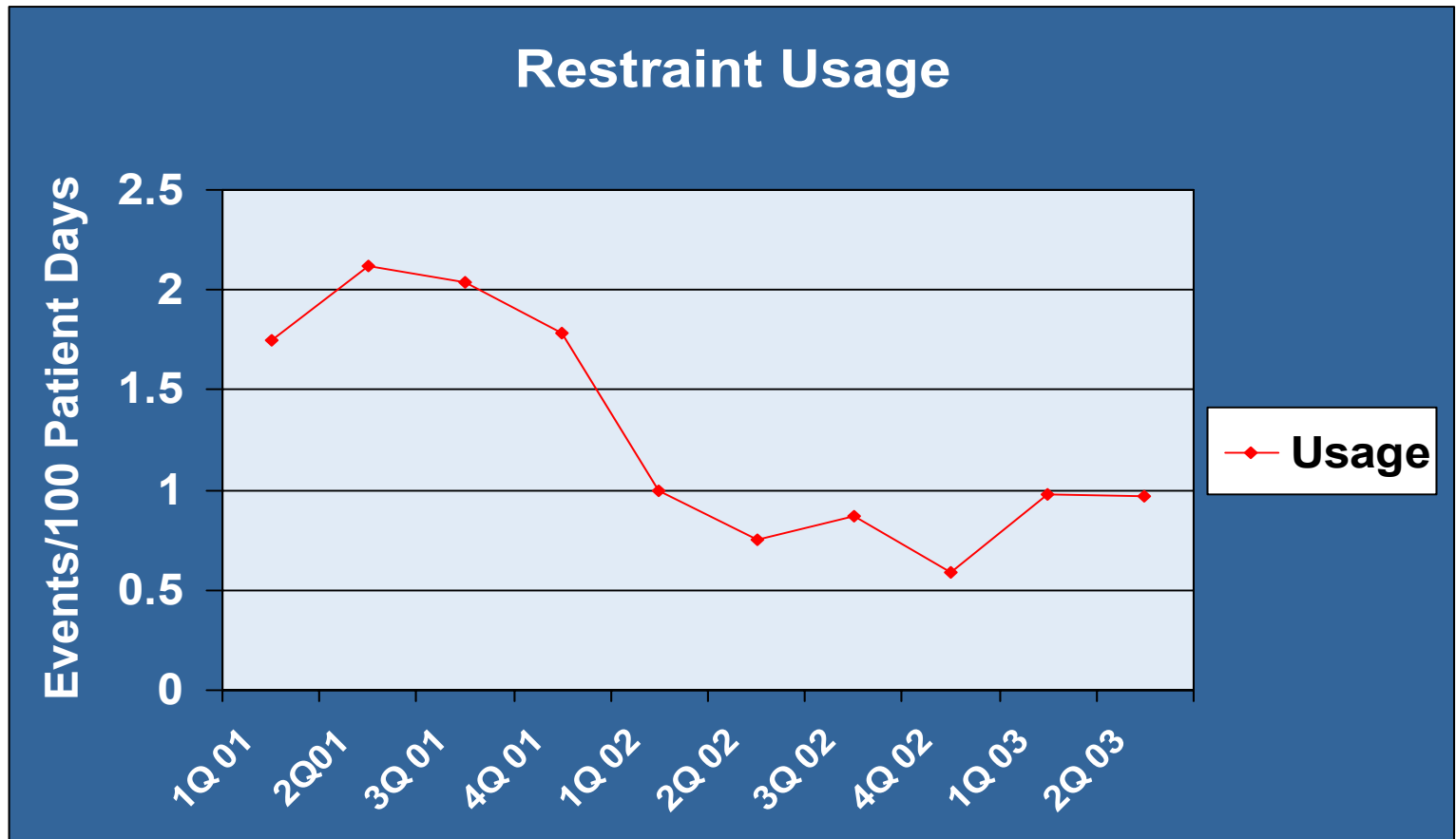


- Decrease in documentation errors
- Increase in restraint reporting
- Decrease in overall restraint usage
- Identification of age cohort
- Proper identification of type of restraint
 - ◆ Acute vs behavioral

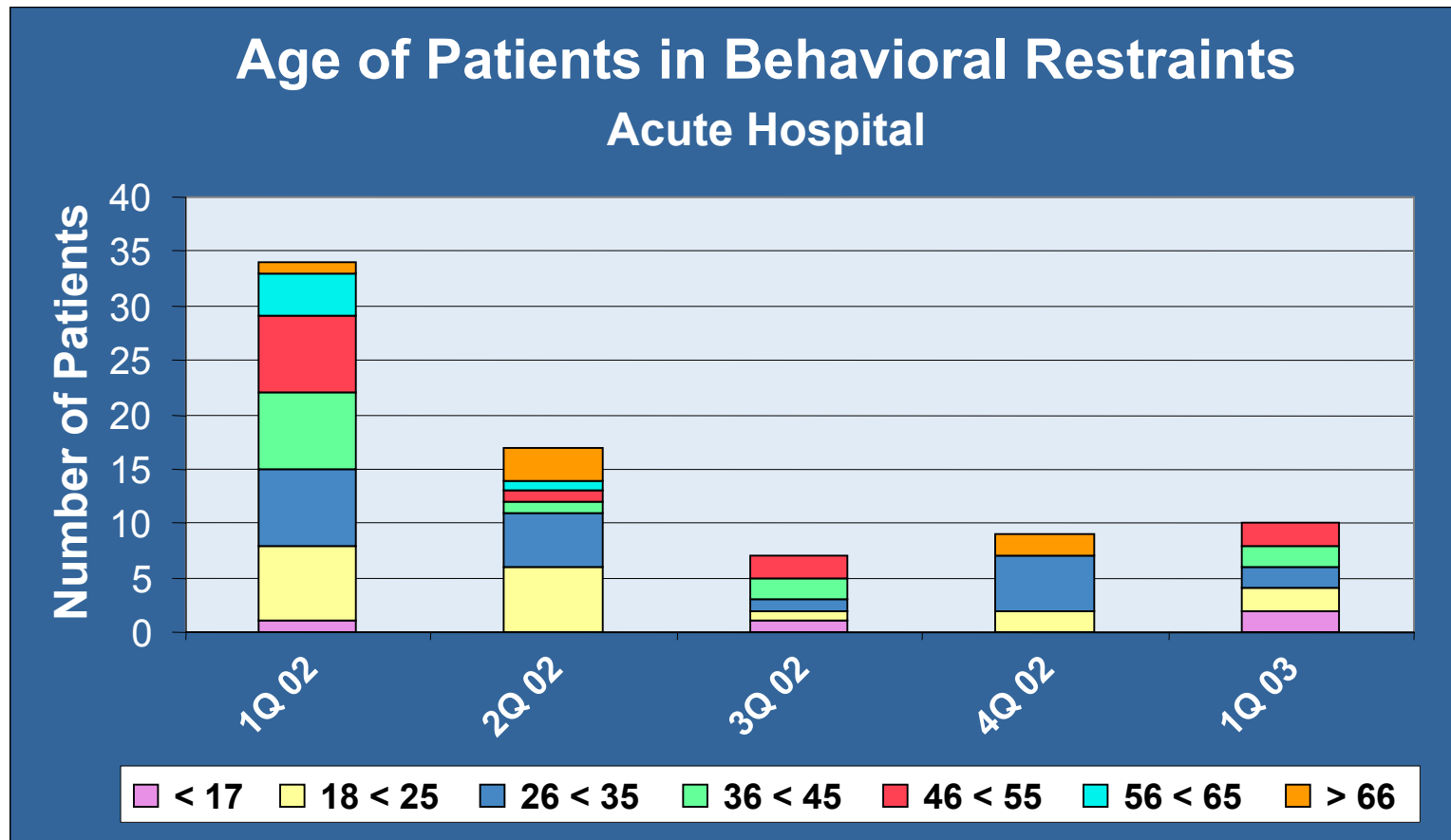
Restraint Documentation Errors



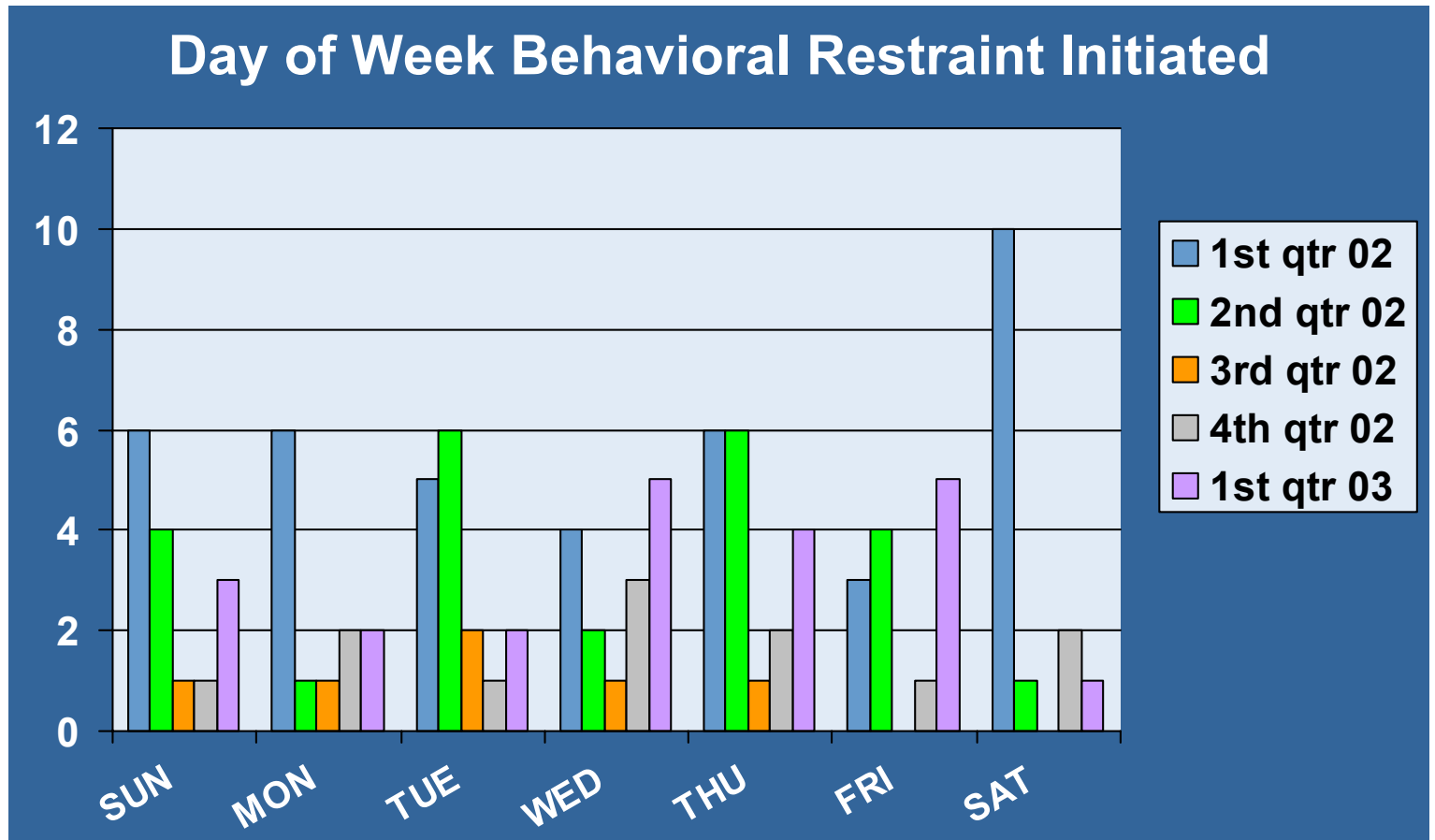
Restraint Usage



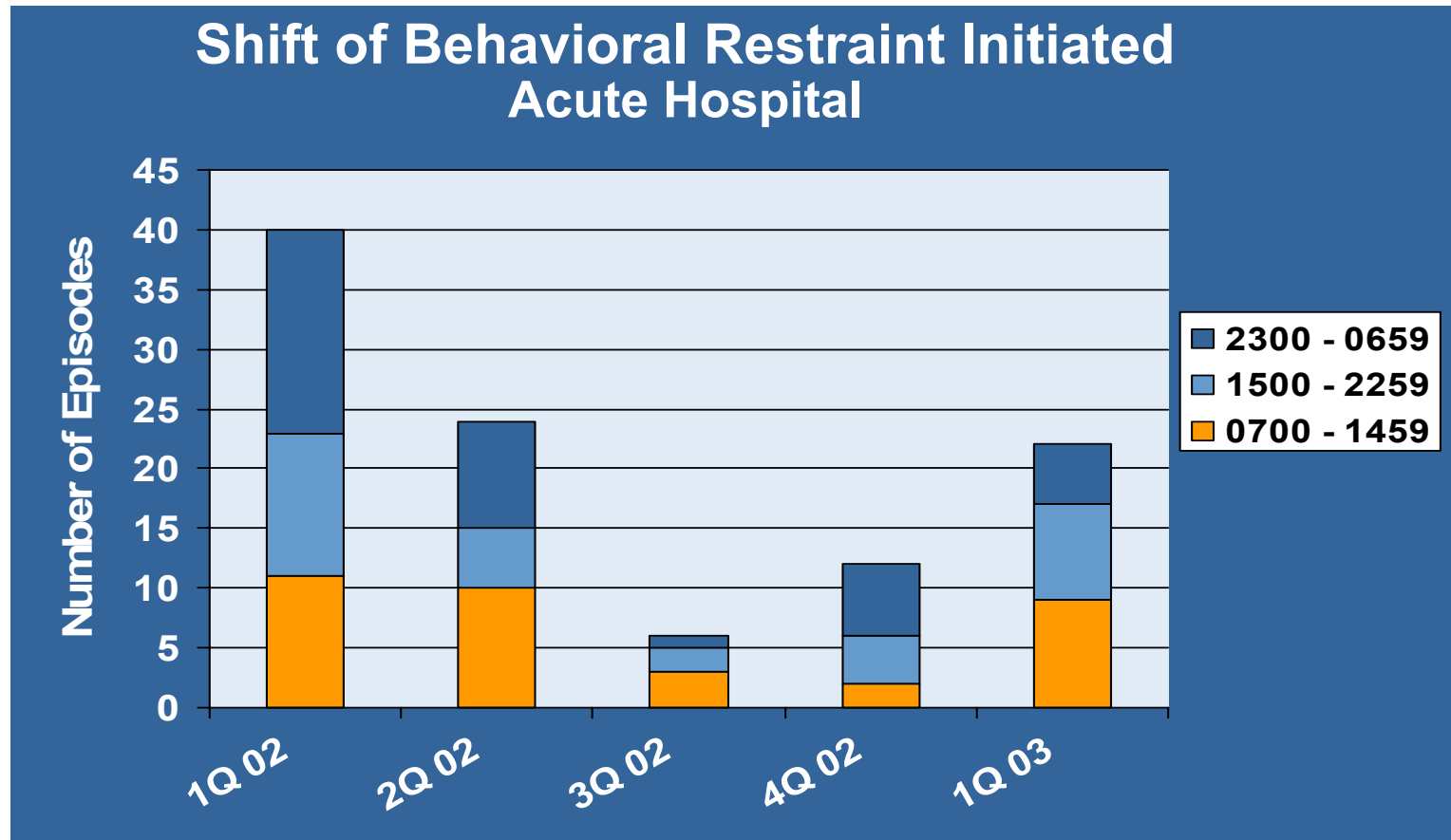
Restraint — Age of Patients Behavioral Restraints



Restraint — Day of Week Behavioral Restraint Initiated



Restraint — Shift of Behavioral Restraint Initiated



Benefits

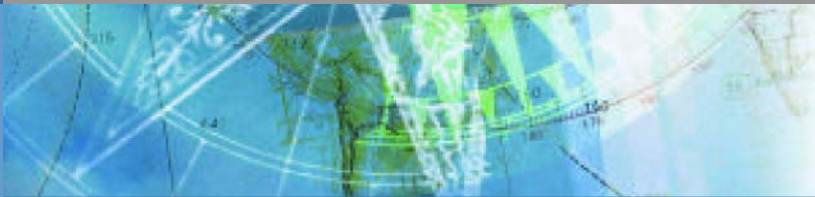
- Provided consistent mechanism for review
- Identify and reduce documentation errors
- Decrease restraint usage
- Identify incorrectly assigned restraint category
 - ◆ Acute vs behavioral
- Identify patient cohort by age
 - ◆ Plan alternate strategies to prevent restraint use



Successes

- Strong project leadership
- Provides consistent data for performance improvement initiatives
- Well received by users
- Positive response from State and regulatory agencies
- Provided focus for a high risk/problem prone procedure
- Supports patient safety/rights





Thank you

for attending this session.

Session # 3

**Best Practices for Nursing
Documentation Panel**

Please take a few moments to complete
your evaluation form before you leave.

EXPLORE
NEW HORIZONS

Physician Order — Restraint

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Patient: **Marz ,Taragon** User: **JMJ60C** **Log Off**

Unit Census
● Alternate Nurse Stations
K1NT
● **Patient Index**
● Results Menu
● Patient Evaluation
 Body Systems
 Body Sys (Use Prev Val)
 Vitals
 I&O
 Timed Events
 PHH
 Assistive Devices
 Wounds
 DC Summary
 DC Summary 2
 DC Summary 3
 ▶ Restraints
 Pastoral Care
 ● RDU
 ● Respiratory
 ● Education
● Med IV Charting
● CBP
● Continuum of Care
● Allergies
● Orders
 Documentation
 Results
 Documentation
 Revision
● Print
● Chart Legend

Restraint Checklist

Physician Order | Monitor / Intervention

Physician Order (Date/Time) Signature in Chart

Acute Med / Surgical
 Behavioral

Reason for Restraint / Seclusion:

Pulls Equipment off Body, ie. IVs, Tubes
 Aggressive / Violent
 Risk of Falls
 Other

Type of Restraint:

Soft Restraints
 Chest Vest
 Geri-chair
 Siderails
 Roll / Lap Belt
 Other

Alternative Tried: Yes No

1130940: PREVIOUS ASSESSMENT NOT FOUND. NO RESULTS ARE AVAILABLE. 07/01/2003 17:44

Monitor / Intervention — Restraint

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Patient: **Marz ,Taragon** User: **JMJ60C** **Log Off**

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- Chart Legend

Restraint Checklist

Physician Order **Monitor / Intervention**

Monitor	Interventions
<input checked="" type="checkbox"/> Checked Every 2 Hours	<input type="checkbox"/> Fluids / Nutrition
<input type="checkbox"/> Calm	<input checked="" type="checkbox"/> Toileting
<input type="checkbox"/> Cheerful	<input type="checkbox"/> ROM
<input checked="" type="checkbox"/> Alert	<input type="checkbox"/> Skin Care
<input type="checkbox"/> Asleep	<input type="checkbox"/> Charge Nurse Notified
<input type="checkbox"/> Depressed	<input checked="" type="checkbox"/> Patient / Family Educated
<input checked="" type="checkbox"/> Confused	<input type="checkbox"/> MD Face to Face Evaluation
<input type="checkbox"/> Anxious	
<input type="checkbox"/> Agitated / Combative	
<input checked="" type="checkbox"/> Aggressive / Angry	
<input type="checkbox"/> Crying	
<input type="checkbox"/> Mood Changes	
<input type="checkbox"/> Meets Release Criteria	
<input type="checkbox"/> Transfer	

(Monitor continued need at least Q2 Hours)

Discontinue Date/Time:

Update Complete

Physician Order — Restraint

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Patient: **Marz ,Taragon** User: **JMJ60C** **Log Off**

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Restraint Checklist

Physician Order | Monitor / Intervention

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 Behavioral

Reason for Restraint / Seclusion:

Pulls Equipment off Body, ie. IVs, Tubes
 Aggressive / Violent
 Risk of Falls
 Other Describe:

Type of Restraint:

Soft Restraints
 Chest Vest
 Geri-chair
 Siderails
 Roll / Lap Belt
 Other Describe:

Alternative Tried: Yes
 No

Monitor / Intervention — Restraint

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Patient: **Marz ,Taragon** User: **JMJ60C** **Log Off**

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Restraint Checklist

Physician Order **Monitor / Intervention**


Monitor	Interventions
<input checked="" type="checkbox"/> Checked Every 15 Minutes	
<input checked="" type="checkbox"/> Calm	<input type="checkbox"/> Fluids / Nutrition
<input type="checkbox"/> Cheerful	<input type="checkbox"/> Toileting
<input type="checkbox"/> Alert	<input type="checkbox"/> ROM
<input type="checkbox"/> Asleep	<input type="checkbox"/> Skin Care
<input type="checkbox"/> Depressed	<input type="checkbox"/> Charge Nurse Notified
<input type="checkbox"/> Confused	<input checked="" type="checkbox"/> Patient / Family Educated
<input type="checkbox"/> Anxious	<input checked="" type="checkbox"/> MD Face to Face Evaluation
<input type="checkbox"/> Agitated / Combative	
<input type="checkbox"/> Aggressive / Angry	
<input type="checkbox"/> Crying	
<input type="checkbox"/> Mood Changes	
<input type="checkbox"/> Meets Release Criteria	(Monitor continued need at least Q15 Min)
<input type="checkbox"/> Transfer	

Discontinue Date/Time:

Update Complete

Date and Time — Restraint

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Patient: **Marz ,Taragon** User: **JMJ60C**  **Log Off**

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Please indicate the Date and Time the Assessment was performed:

Date: ▼

Time:

T  OVR FHGDTM1:P 07/01/2003 17:51

Documentation Results — Restraint



Patient: **Marz ,Taragon**

User: **JMJ60C**



Unit Census

Marz ,Taragon

Sex: F

BD: 01/29/1966

MR#: 004017730

PT#: 1422474

Patient Index

Rm/Bed: K18301

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● CBP

● Continuum of Care

● Allergies

● Orders

● Documentation

● Results

Display by User

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Vitals/I&O

● Vital Signs

Timed Events

PHH

Assistive Devices

CAP

Wounds

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DC Summary 2

DC Summary 3

▶ Restraints

Pastoral Care

● RDU

Respiratory

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RESTRAINT/SECLUSION REASON

OTHER

Jul 01, 2003 17:48

THROWING LAMPS

Page created: Tuesday, July 1, 2003 5:52 PM For: JMJ60C

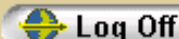
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Documentation Results — Restraint



Patient: **Marz ,Taragon**

User: **JMJ60C**



Unit Census

Marz ,Taragon

Sex: F

BD: 01/29/1966

MR#: 004017730

PT#: 1422474

Patient Index

Rm/Bed: K18301

RESTRAINTS *(Last 30 results)*

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All		2003 01 Jul 17:48
<input type="checkbox"/> PHYSICIAN ORDER DATE		070103
<input type="checkbox"/> PHYSICIAN ORDER TIME		1745
<input type="checkbox"/> PHYSICIAN ORDER TYPE		BEHAVIOR
<input type="checkbox"/> DISCONTINUE DATE		07012003
<input type="checkbox"/> DISCONTINUE TIME		1751
<input type="checkbox"/> MD SIGNATURE ON CHART		Y
<input type="checkbox"/> RESTRAINT/SECLUSION REASON		AGGMOL
<input type="checkbox"/> RESTRAINT/SECLUSION REASON		OTHER
<input type="checkbox"/> RESTRAINT TYPE		OTHER
<input type="checkbox"/> ALTERNATIVE TRIED		N
<input type="checkbox"/> CHECKED Q15 MINUTES		Y
<input type="checkbox"/> MONITOR		CALM
<input type="checkbox"/> INTERVENTION		PT/FM ED
<input type="checkbox"/> INTERVENTION		MD EVAL

Documentation Results — Restraint



Patient: **Marz ,Taragon**

User: **JMJ60C** **Log Off**

Unit Census

Marz ,Taragon Sex: F BD: 01/29/1966 MR#: 004017730 PT#: 1422474 ▲
 Rm/Bed: K18301

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RESTRAINTS *(Last 30 results)*

All	2003 01 Jul 17:48	2003 01 Jul 17:42
<input type="checkbox"/> PHYSICIAN ORDER DATE	070103	070103
<input type="checkbox"/> PHYSICIAN ORDER TIME	1745	1745
<input type="checkbox"/> PHYSICIAN ORDER TYPE	BEHAVIOR	BEHAVIOR
<input type="checkbox"/> DISCONTINUE DATE	07012003	
<input type="checkbox"/> DISCONTINUE TIME	1751	
<input type="checkbox"/> MD SIGNATURE ON CHART	Y	Y
<input type="checkbox"/> RESTRAINT/SECLUSION REASON	AGGMOL	AGGMOL
<input type="checkbox"/> RESTRAINT/SECLUSION REASON	OTHER	OTHER
<input type="checkbox"/> RESTRAINT TYPE	OTHER	OTHER
<input type="checkbox"/> ALTERNATIVE TRIED	N	N
<input type="checkbox"/> CHECKED Q15 MINUTES	Y	
<input type="checkbox"/> MONITOR	CALM	
<input type="checkbox"/> MONITOR		DEPRESSD